

USQNB-IC

Urinary Symptom Questionnaire for Neurogenic Bladder - Intermittent Catheterization (USQNB - IC)

| ACTIONABLE | URINE QUALITY |
|--|---|
| □ Feeling feverish □ Increased tone/spasticity (not bladder spasms) □ Bladder spasms frequency/discomfort □ Abdominal/suprapubic pain □ Dizziness □ Headache | □ Worse-smelling urine □ Darker urine □ Cloudier/ sediment in urine Total "Urine Quality" Symptoms |
| □ Autonomic Dysreflexia (AD) **Spinal cord injury only** | |
| □ Increase in irritability (non-verbal children) | CONSTITUTIONAL |
| Increase in fatigue, lethargy, or weakness (non-verbal children) | □ Increase in fatigue, lethargy, or weakness□ Loss of appetite |
| Total "Actionable" Symptoms | □ Malaise, feeling unwell□ Altered sleep patterns□ Irritability or mental slowing/confusion |
| BLADDER | □ Muscle aches□ Increase in positional pain□ Back pain□ Pain in the legs |
| □ Change in quality of pain when passing urine □ Change in quality of pain during catheterization □ Incontinence/ urine leakage □ Urinary urgency □ Increase in catheterization frequency □ Decreased urine volume during catheterization | |
| | □ Nausea□ Change in bowel patterns□ Generalized abdominal discomfort or bloating |
| □ Blood in urine | Total "Constitutional" Symptoms |
| Total "Bladder" Symptoms | |